

Grace Vella interview

Student name

Reflection Questions

1. Think of a brand that you like. Why do you like this brand and how does it influence you?

e.g. "I like the brand Nike as I love football and seeing the Nike advertisements on YouTube with the best footballers in the world who inspire me to play more sports."

My answer:

My team's answer:

2. Think of a company that you would like to create and explain how it will bring a positive change to the world?

e.g. "I eat a whole foods, plant based diet so I would set up a food truck that sold plant based food and would travel to festivals around the country, creating a positive impact on the environment and on people's health."

My answer:

My team's answer:

3. Think of one goal you would like to achieve this year and explore how you could break the goal up into three small chunks?

e.g. I want to make the senior hockey team next year. To reach my goal I will 1) jog a few times a week 2) ask for advice from some senior players 3) watch International Hockey teams and analyse the players

My answer:

My team's answer:

Quick Fire Questions:

What type of music do you listen to?

Who is your biggest inspiration or hero?

What is your happiest memory?

What is one thing you are looking forward to in 2022?

If you had to choose three values that are most important to you, what would they be?

HOT Questions

Team member A: Do you think Amy is a positive person?

Team member B: What inspired you about Grace's story?

Team member C: What are you most passionate about in life?

Habit Building

Write down three things you are grateful for in your life and briefly explain why. For example, you could express gratitude for a passion of yours like a certain sport, subject or game, or it could be a person in your life or a certain type of food or place.

Lesson summary:

- I. Grace saw a issue around the lack of culture around women's f_____ in England so she set up Miss Kick to try and inspire young girls to play football.
- II. Miss Kick focuses on c_____, in particular bringing girls together and creating a safe space for them to be themselves.
- III. When you want to achieve a g_____, just focus on one thing everyday and break it up into little chunks so you don't get overwhelmed. This will help you to slowly build confidence over time.
- IV. Age shouldn't be a barrier. if you work hard and put in enough hours of hard work then you can achieve great things. You're never too y_____ to change the world.

Quiz questions

1. What was the name of the brand Grace set-up?
 - a. Miss fit
 - b. Miss kick
 - c. Miss hit
 - d. Miss quick
2. What two teams did Grace play for in her youth?
 - a. Manchester United
 - b. Southampton
 - c. Liverpool
 - d. Chelsea
 - e. Manchester City
3. What do Grace and her team always conder first in everything they do?
 - a. Community
 - b. Football
 - c. Money
 - d. Innovation
4. Name two values that Grace said were important for her to succeed?
 - a. Dignity
 - b. Self-belief
 - c. Authenticity
 - d. Passion
 - e. Humility
5. The quote Grace and her team at Miss Kick are most inspired by says "You're never too young to change the____?"
 - a. Time
 - b. Weather
 - c. Future
 - d. World